Admission Requirement:
The Pre-Athletic Training Program requires a high school diploma or GED.

To enroll in the program, students must:

- Apply for admission to Gadsden State Community College.
- Submit and pay for a background check (www.myvci.com/gadsden).
- Submit and pay for a drug test.
- Submit COMPASS Test Score.
- Provide official copies of transcripts for any high school, GED, or college work previously undertaken.
- Have liability insurance for certain classes within the program.

Licensure and National Boards

After completion of the Pre-Athletic Training Program, students are eligible to transfer to a Commission on Accreditation of Athletic Training Education (CAATE) approved program.

After completion of the Athletic Training Education Program (ATEP), students will be eligible to sit for the National Athletic Trainers Board of Certification Exam.

Gadsden State Community College is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools to award associate degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404-679-4500 for questions about the accreditation of Gadsden State Community College.

It is the official policy of the Alabama State Board of Education and Gadsden State Community College, an institute under its control, that no person in Alabama shall, on the grounds of race, color, disability, sex, religion, creed, national origin, or age be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program, activity or employment.
ATHLETIC TRAINING

Athletic trainers help prevent and treat injuries for people of all ages. Their patients and clients include everyone from professional athletes to industrial workers. Recognized by the American Medical Association as allied health professionals, athletic trainers specialize in the prevention, diagnosis, assessment, treatment, and rehabilitation of muscle and bone injuries and illnesses. Athletic trainers, as one of the first healthcare providers on the scene when injuries occur, must be able to recognize, evaluate and assess injuries and provide immediate care when needed. (Source: Bureau of Labor Statistics)

─► Lowest Salary Reported: $23,450/Year

─► Median Salary Range: $32,070 to $49,250/Year

─► Top Salary Reported: $60,960/Year

Skills Learned Include:
- athletic injury evaluation
- CPR/first aid
- bracing/bandaging
- rehabilitation techniques
- hydrotherapy
- hot/cold therapy
- taping techniques
- personal training
- stretching techniques
- professional ethics

Types of Jobs Available:
- Medical/Hospital Setting
- College, Professional or Olympic level
- High School Outreach
- Rehabilitation Clinics
- Industrial/Commercial
- Military/Law Enforcement
- Performing Arts

Student Essential Functions for Acceptance:

Mobility
- Have physical stamina to stand and walk for 8 hours or more in a clinical setting.
- Able to stand on both legs, move from room to room, and maneuver in small spaces. Physical disabilities must not pose a threat to the safety of the student, faculty, patients, or other health care workers.

Flexibility
- Able to bend the body downward and forward by bending at the spine and waist. This factor requires full use of lower extremities and back muscles.
- Able to stand on both legs, move from room to room, and maneuver in small spaces. Physical disabilities must not pose a threat to the safety of the student, faculty, patients, or other health care workers.

Strength
- Able to raise objects from a lower to a higher position or move objects horizontally from position to position. This factor requires the substantial use of the upper extremities and back muscles.
- Possess mobility, coordination and strength to push, pull or transfer heavy objects. (Strength to lift 25 lbs. frequently and 50 lbs. or more occasionally.)

Fine Motor Skills and Hand/Eye Coordination
- Possess manual dexterity, mobility, and stamina to perform CPR.
- Able to seize, hold, grasp, write, carry, turn and otherwise work with both hands.
- Able to pick, pinch, or otherwise work with the fingers.

Auditory Ability
- Possess sufficient hearing to assess athlete's needs, follow instructions, communicate with others, as well as respond to audible sounds of equipment. Please comment if corrective devices are required.

Visual Acuity
- Possess the visual acuity to read, write and assess the athlete and the environment. Please comment if corrective devices are required.

Communication
- Possess verbal nonverbal and written communication skills adequate to exchange ideas, detailed information, and instructions accurately.
- Able to read, comprehend, and write legibly in the English language.

Interpersonal Skills
- Able to interact purposefully and effectively with others.
- Able to convey sensitivity, respect, tact and a mentally healthy attitude.
- Oriented to reality and not mentally impaired by mind-altering substances.
- Able to function safely and effectively during high stress periods.

Program Objectives
The Student will be:
1. Able to practice good work habits in the interest of health, safety, and sanitation for himself herself and others;
2. Able to select and safely utilize professional equipment and products in the practice of athletic training;
3. Able to assess common athletic injuries;
4. Able to treat common athletic injuries to include first aid, bracing and taping techniques;
5. Able to recognize when to refer clients to other healthcare professionals;
6. Prepared to transfer to a CAATE approved program once they complete the Gadsden State Pre-Athletic Training Program.

Pre-Athletic Training Degree Classes

<table>
<thead>
<tr>
<th>Area I – Written Composition:</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENG 101 - English Composition I</td>
<td>6</td>
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<tr>
<td>ENG 102 - English Composition II</td>
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</tbody>
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<table>
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<tr>
<th>Area II – Humanities and Fine Arts:</th>
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<tbody>
<tr>
<td>Literature (REQUIRED: Literature OR history sequence)</td>
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<tr>
<td>Fine Arts</td>
</tr>
<tr>
<td>Speech</td>
</tr>
<tr>
<td>Humanities and Fine Arts OR Literature</td>
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<tr>
<th>Area III - Natural Science or Mathematics:</th>
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<tbody>
<tr>
<td>BIO 201 - Human Anatomy and Physiology I</td>
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<tr>
<td>BIO 202 - Human Anatomy and Physiology II</td>
</tr>
<tr>
<td>MTH 110 - Finite Mathematics OR</td>
</tr>
<tr>
<td>MTH 112 - Precalculus Algebra OR Higher level Math Course</td>
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<table>
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<tr>
<th>Area IV - History, Social and Behavioral Sciences:</th>
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<tbody>
<tr>
<td>HEC 140 - Principles of Nutrition</td>
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<tr>
<td>HED 224 - Personal and Community Health</td>
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<tr>
<td>CHM 111 - College Chemistry I</td>
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<tr>
<td>BIO 103 - Principles of Biology I</td>
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Please choose one of the following electives:

<table>
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<tr>
<th>Elective</th>
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<tbody>
<tr>
<td>BIO 120 - Medical Terminology</td>
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<tr>
<td>CIS 146 - Microcomputer Applications</td>
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<tr>
<td>HED 231 - First Aid</td>
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<tr>
<td>PED 223 - Methods of Instruction</td>
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<tr>
<td>PED 296 - Practicum in Athletic Training I</td>
</tr>
<tr>
<td>PED 297 - Practicum in Athletic Training II</td>
</tr>
<tr>
<td>ORI 101 - Orientation to College</td>
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<tr>
<td>CIS 146 - Microcomputer Applications</td>
</tr>
</tbody>
</table>

Total Hours Required for Degree: 60-64